




# April 2010

## Activity Calendar

Subject to change.



<i>Mon</i>	<i>Tues</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>
<b>Pancake Breakfast Sat 24th. See p 4 for more information.</b> 			<b>1</b> Wii games 10-12	<b>2</b> Decorate Easter Eggs 10:30 Easter Dinner Noon Becky Kimball—Easy Listening 11:30
<b>5</b> Kelly Warren & His Guitar 11:30 Taxes by appt.	<b>6</b> Brunch & Learn 10:00 With Dignity Home Health & Hospice Osteoporosis & Falls Risks	<b>7</b> Birthday Party 12:30 Foot Clinic by appt. Crystal Springs 2:00 Dinner & Movie 3:00	<b>8</b> Chiropractic by appt. at Senior Center Myers Sponsors Lunch Doug White, Author 12:15 Caregivers 6:00	<b>9</b> Odell Summers & His Xylophone 11:30
<b>12</b> Kelly Warren & Karaoke 11:30 Taxes by appt.	<b>13</b> Foot Clinic by appt. Program on Essential Oils 12:30	<b>14</b> Memory Club 10 am Jerry Jensen & His Honky Tonk Piano 11:30 Crystal Springs 2:00	<b>15</b> Wii games 10-12 Program by Comfort Hospice: Sunflower	<b>16</b> Tulip Festival 10:00 Trevor White—Contemporary Music 12:15
<b>19</b> Kelly Warren & His Guitar 11:30 Gillies Dollar Days Mtn. Star Blood Drive 2-7	<b>20</b> Hypnosis with Alison 12:30	<b>21</b> Integrity Craft Day—Suncatchers 10:30 Crystal Springs 2:00 Clark Planetarium 2:15	<b>22</b> HBO Alzheimer's Program 12:45 Symphony with Nancy Red Hatters 1:15	<b>23</b> Medications—"I Am in Control" 12:15 <b>24</b> <b>SATURDAY</b> <b>Pancake Breakfast 7-11; &amp; 5K 7:00</b>
<b>26</b> Wendover 7:30 a.m. Happy Feet 10:00 Kelly Karaoke 11:30	<b>27</b>	<b>28</b> Memory Club 10 am Volunteer Banquet 6:00 p.m.—Doors will not open until 5:30 p.m.	<b>29</b> Commodities HBO Alzheimer's Program 12:45	<b>30</b> Simply Treasures Craft Boutique 10:00 Gordon Johnson—vocals

**DAILY**

Lunch M-F 12-1  
Hall Walking 8-10 a  
Library M-F 8-4  
Pool Room M-F 8-4

**WEEKLY**

Advanced Spanish M 10:00 a  
Tai Chi M 10:00a  
Beginning Spanish T 10:00  
Oil Painting Th 9:30

Square Dance T 7-10 p  
Line Dancing M/W 1:00 p  
Yoga Tu/Th 4:00 p  
Bridge/Pinochle Th 1:00 p  
Ceramics 10-4 T & Th  
Ceramic NIGHT Class W 5-9  
Sit & Dance Th 10:00  
Sit & Be Fit W/F 10:00 a  
Tap Dancing W/F 9 a

Computer classes as scheduled:  
Contact Nancy to enroll.

**GENERAL INFO:** Telephone Reassurance, Friendly Visitor, Info. and Referral; Senior Transit M-W-F 723-3303 X18; MOW Hot meals M-F Frozen Sat-Sun.; **Please make lunch & To Go reservations one day in advance.**